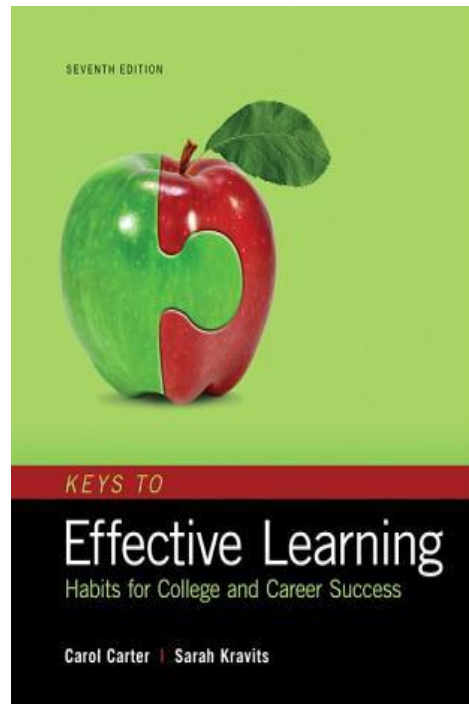


# Leer libros Keys to Effective Learning: Habits for College and Career Success

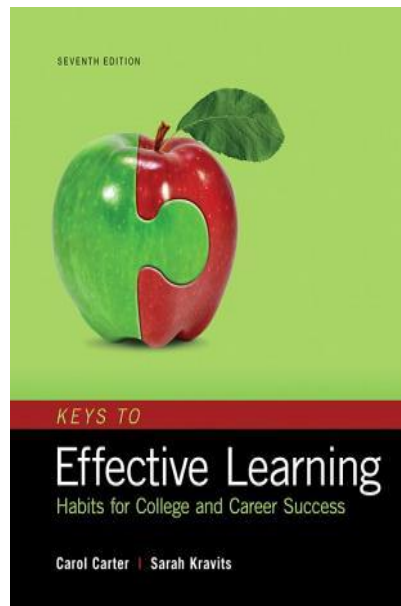
By Carol Carter



For courses in Study Skills, Student Success, Freshman Seminar, or "University 101." Fosters self-directed skills and habits for success that students need Challenged by technological, academic, financial, and interpersonal issues, students need the habits of success—persistence, planning, questioning, connecting, coaching—for their professional and personal future. Keys to Effective Learning nurtures these skills in students entering college by focusing on building accountability, teamwork, and critical/creative thinking skills that can be applied to any academic or workplace setting. All features and exercises now incorporate coaching on skills such as initiative, motivation, and goal setting to support self-management. For example, in each chapter, Habits for Success promote problem solving and boost success. Each chapter also includes a unique and inspiring story that shows how a real person used the Habit discussed to meet a challenge and achieve a goal. Academic coaching



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